

### What is Leisure Plus?

“West Berkshire Mencap Leisure Plus scheme” provides people with learning disabilities over the age of 18 with the opportunity to participate in educational, sport and leisure activities of their choice both with their peers and through integration within the wider community.

As well as offering in house run activities across a broad spectrum Leisure Plus also offers an outreach facility for homes enabling them to book art & crafts, sports or cooking sessions for their clients in the home environment.

All activities are offered at very competitive prices to enable maximum participation.  
Experienced and qualified instructors run all activities.

For more information, to give us ideas of new activities or to book a place on current activities please contact:

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Registered Charity Number: 1076658



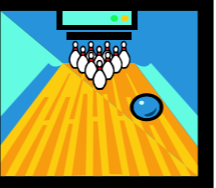



## Leisure Plus



**Leisure Plus currently runs the following activities:**

Activity	Day	Time	Cost	Venue
 <b>Cookery</b>	Monday	10am – 1pm	£ 9	Mencap Centre, Enborne Road, Enborne Gate, Newbury
 <b>Art &amp; Crafts</b>	Monday	1pm – 3pm	£5	The Slater Centre, Unit E, Hambridge Road Industrial Estate, Newbury
 <b>"Eli's" Club</b>	Tuesday	10am – 2pm	£ 10	The Slater Centre, Unit E, Hambridge Road Industrial Estate, Newbury
 <b>Drama</b>	Tuesday	7pm – 9pm	£ 8	Mencap Centre, Enborne Road, Enborne Gate, Newbury

Activity	Day	Time	Cost	Venue
 <b>Badminton</b>	Thursday	10.30am– 11.30am	£ 4	Northcroft Leisure Centre, Newbury
 <b>Trampolining</b>	Thursday	11.30pm – 12.30pm	£ 5	Northcroft Leisure Centre, Newbury
 <b>Ten-pin bowling</b>	Thursday	1pm– 2.30pm	£5	Lakeside Superbowl, Lower Way, Thatcham
 <b>Fun Friday</b>	Friday	10am– 2pm	£15	The Slater Centre, Unit E, Hambridge Road Industrial Estate, Newbury



We always welcome new ideas for activities so if there is anything you would like to do please tell us and we will be happy to accommodate your needs if possible.