



Making the most of Life

### Aim of Your Choice Services

The mission of West Berkshire Mencap is to provide high quality services for people with a learning disability, to listen to our members, to provide services they ask for and to help transform lives.

Your Choice Services presents an opportunity to transform the lives of people by offering quality care and support packages to individuals in their own homes.

The objective for meeting the social care need is client centred, outcome focussed support with a specific emphasis on choice designed to meet the key objectives of the personalisation agenda and Valuing People Now (2009).

### Services we provide

- Assistance with personal care.
- Assistance with shopping.
- Assistance with domestic chores.
- Assistance with learning new skills.
- Assistance with managing moods, emotions and behaviours.
- Assistance with meal preparation and managing a healthy lifestyle.
- Assistance with accessing social and recreational activities.
- Assistance in taking medication or attending medical appointments.
- Advice on developing personal relationships.
- Assistance with managing finances.

### Specialist Day Services

We also provide bespoke day services for people with a learning disability and can create a programme of specific activities to meet an individual's needs. Our ethos is to provide high quality services that the person with a learning disability specifically needs or wants and we will do our utmost to meet the choice expressed by the individual or their representative.

### Children

For children we can provide parents/carers with an experienced sitter to enable them to go out during the day or evening. The sitters can also provide them with extra help for the child with additional needs while the family are still at home.

### Risk Assessments

All service user activities will be fully risk assessed to ensure safety, to meet legal requirements and to comply with Care Quality Commission guidelines.

### Staff

In addition to all CQC mandatory recruitment, vetting and barring procedures all staff will be fully trained in working with people with learning disabilities and any specific additional support need.

### Person Centred Care Plans

All service users will have a detailed person centre care plan to ensure that outcome focussed support needs will be met.

### Registration

Your Choice Services is registered with the Care Quality Commission.

### Fees

To find out more please contact us.

# West Berkshire Mencap

West Berkshire Mencap is a local group originally known as Newbury Mencap and founded in 1954.

It operates from purpose built premises in Newbury and presently provides a variety of services that support people with learning disabilities and their families.

For further information about West Berkshire Mencap and the variety of other services available please contact the team on

(01635) 41464 or by email:

[info@wbmencap.org](mailto:info@wbmencap.org)



West Berkshire Mencap's new Domiciliary Care Agency has been developed to provide choice to people with learning disabilities who require care and/or support in their own home.

As a non for profit registered charity dedicated to providing a variety of services to people with learning disabilities West Berkshire Mencap's Domiciliary Care Agency is a natural extension of the many services we already provide.

The agency provides a variety of services, either flexibly or on a regular basis. In addition we are happy to discuss the option of delivering a tailored or bespoke package of care/support.

## Contact

To find out more about Your Choice Services and to discuss whether the services we provide would be suitable for the client(s) you or your team represent or for a family member and/or to receive a copy of our service user guide then please contact Lucy Dodd on (01635) 778127 or via email at: [info@wbmencap.org](mailto:info@wbmencap.org)

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## Your Choice Services

West Berkshire Mencap's specialist registered Domiciliary Care Agency provides support to people with learning disabilities in their own (or family) home.



## Your Choice Services

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