

*Your daily costs average £85-£100?
A trainee placement costs £45...
...that's remarkable value.*

We provide a wide range of guidance and support to help each trainee reach his or her full potential.

Project Aims To develop individual basic skills
To prepare trainees for work in horticulture
To teach underpinning skills and knowledge needed for work
To develop an awareness of responsibility in a work situation
To maximise independence

Basic Skills Various strategies for communication
Training plans to develop and improve own learning
Form filling, counting, money handling
Time keeping
Health and Safety

Communication Interaction with others/team building
Equal opportunities and individual rights
Group discussions
Chairing meetings
Marketing

Attendance 9.45 am to 2.45 pm all year except for Bank Holidays,
training days and one week over Christmas

**First things first. Come along and visit the Project.
Meet the staff. See what we're up to, then make up
your mind. We guarantee you will be inspired.
Call and make an appointment today or ask for
our full information pack...**

01635 297200

email: julie.walker@wbmenap.org

Growing4all

Cottismore Park, Newbury Road, Kingsclere, Newbury RG20 4SY
West Berkshire Mencap Charity 1076658 Limited by Guarantee 3790942

real work
real enjoyment
real value

*“I'd rather be
doing this than
sat indoors
all day...”*
MICHAEL



Growing4all

Therapeutic Gardening Project



make life interesting...

a window of opportunity

We'd like to introduce you to our work skills project **"Growing4all"**. Our trainees are kept busy. All day. They learn something new. Every day. As they make things grow, so do they. The work they do is therapeutic in so many ways: sensory, social, interactive, a sense of self, of responsibility, as well as learning new skills and doing *real* work...

This is a small project. Although we are expanding in numbers, we intend to keep the small group ethos...

Each trainee has an individual learning programme of practical gardening and greenhouse based activities, as well as the day-to-day responsibility of keeping the building tidy and workplace running smoothly. They are assessed for all practical activities, including making the morning and afternoon drinks, cleaning and tidying, and develop a portfolio of evidence as a record of all their achievements.

All trainees receive a training allowance, which is currently £4 per day.

...make life **real**