

SHaRON PLATFORM FOR FAMILIES & CARERS SUPPORTING PEOPLE WITH LEARNING DISABILITIES



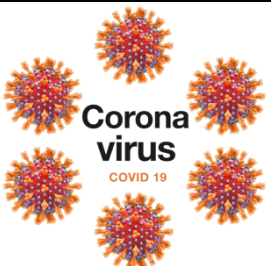



How does SHaRON work?

SHaRON is similar to Facebook in layout and design. Each user has a profile and a non-identifiable user name (a pseudonym). There are different areas for people to post information, write blogs, view resources, seek information and in general share their experiences.

What is LD SHaRON?

The Learning Disability SHaRON site provides information / resources on various topics and a place to post your comments or views. It is available for relatives and carers of people with learning disabilities aged 18 years and above. You can be a paid carer or a family member. To access SHaRON you will need to be invited by your Community Team Learning Disability health professional who is working with the person you are supporting.

There are numerous interesting resources covering a huge range of topics. For example:

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| Stay Up Late Club – organised events eg Laser Quest, bowling, cinema trips | Communication – talking mats, easy read info, Makaton, bag books | Health, Epilepsy and Dementia information |
|  |  |  |
| Sex and Relationships – LGBT, transgender, pregnancy | Moving on to a new home | Managing Emotions – coping with anxiety and stress, mood and depression |

Why not refer today and have a look around our site. New members are always welcome.

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