

*Your daily costs average £85-£100?  
A trainee placement costs  
£60 ...that's remarkable value.*

**We provide a wide range of guidance and support to help each trainee reach his or her full potential.**

**Project Aims**

- To develop individual basic skills
- To prepare trainees for work in horticulture
- To teach underpinning skills and knowledge needed for work
- To develop an awareness of responsibility in a work situation
- To maximise independence

**Basic Skills**

- Various strategies for communication
- Training plans to develop and improve own learning
- Form filling, counting, money handling
- Time keeping
- Health and Safety

**Communication**

- Interaction with others/team building
- Equal opportunities and individual rights
- Group discussions
- Chairing meetings
- Marketing

**Attendance**

9.45 am to 2.45 pm all year except for Bank Holidays, training days and one week over Christmas



**First things first. Come along and visit the Project. Meet the staff. See what we're up to, then make up your mind. We guarantee you will be inspired. Call and make an appointment today or ask for our full information pack...**

**Amy Bosley - Manager**  
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## **Growing4all**

Cottismore Park, Newbury Road, Kingsclere, Newbury RG20 4SY  
West Berkshire Mencap Charity 1076658 Limited by Guarantee 3790942

**real** work  
**real** enjoyment  
**real** value



*“I'd rather be  
doing this than  
sat indoors  
all day...”*  
MICHAEL



## **Growing4all**

Therapeutic Gardening Project





# make life interesting...

## *a window of opportunity*

We'd like to introduce you to our work skills project **"Growing4all"**. Our trainees are kept busy. All day. They learn something new. Every day. As they make things grow, so do they. The work they do is therapeutic in so many ways: sensory, social, interactive, a sense of self, of responsibility, as well as learning new skills and doing real work...

**This is a small project. Although we are expanding in numbers, we intend to keep the small group ethos...**

Each trainee has an individual learning programme of practical gardening and greenhouse based activities, as well as the day-to-day responsibility of keeping the building tidy and workplace running smoothly. They are assessed for all practical activities, including making the morning and afternoon drinks, cleaning and tidying, and develop a portfolio of evidence as a record of all their achievements.

**All trainees receive a £4 Subsistence Allowance.**

# ...make life **real**