

# My Letter of Wishes

This letter of wishes belongs to:

These are my wishes for the end of my life, it was hard for me to do.

So please treat it with respect.

Thank you



# My Letter of Wishes

## A bit about me

Name:

A photo of me

Nick name:

Date this Letter of Wishes was written:



Who helped me:

My favourite animal is:



My favourite colour is:



My favourite food is:



My favourite place is:



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At some time, we all have to think about what will happen when we are no longer here.

This little book will help you think about what needs to be done and what you might like to happen.

This may feel like a sad thing to do and talk about but what you want to happen is very important.

You do not need to fill the form out all at once, you can think about each part in turn and fill it out when you feel ready.

This Letter of Wishes will tell your family and friends what is important to you, if you have anything special and what you would like to happen to your special things when you die.

There are a lot of people who can help you with this form. Maybe Mum or Dad, Sister, Brother, someone where you live, a service you may access or you can contact West Berkshire Mencap.



# My Letter of Wishes

## My personal details

Name:

Address:

Date of birth:

DD / MM / YYYY

Phone number:

# My Letter of Wishes

Who are the people most important to you:

Family:

Friends:

Grandparents:

Children:

Boyfriend or Girlfriend:

Husband or wife:

Support worker:

Others:

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Things that are important to you

My Favourite things are:


Think about the things that are important to you like  
Jewellery, Books, Bicycle, DVD's




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Is there anyone special who you would like to have some of your favourite things?


Name:



Item:




Name:




Item:




Name:



Item:



Name:



Item:



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This page is here for you to write on or draw on to help you when you are thinking about what your wishes are.

